



Commuter Rail Bicycle Policies

Learn more at bikeleague.org

System	Metro Areas Served	States Served	Bikes Allowed?	Weekday Ridership	More information
A-train	Denton	TX	Yes	3,300	http://www.dcta.net/bikes-transit/bikes-a-transit/menu-id-140.html
Altamont Commuter Express	San Jose–Stockton	CA	Yes	1,400	http://www.bayrailalliance.org/altamont_commuter_express_ace
Caltrain	San Francisco–San Jose	CA	Yes	48,400	http://www.caltrain.com/riderinfo/Bicycles/Bicycle_FAQs.html
Capital MetroRail	Austin	TX	Yes	2,200	http://www.capmetro.org/bike.aspx?id=61
Coaster	San Diego	CA	Yes	5,800	http://www.gonctd.com/bike_ride
FrontRunner	Pleasant View - Salt Lake City - Provo	UT	Yes	5,800	http://www.utarideshare.com/uploads/bicycle.pdf
Long Island Rail Road	New York City - Long Island	NY	Yes	324,300	http://www.mta.info/lirr/about/Bicycles/
MARC Train	Baltimore–Washington, DC	MD, WV, DC	No (folding bikes OK)	36,100	http://mta.maryland.gov/marc-frequently-asked-questions
MBTA Commuter Rail	Boston	MA, RI	Yes (except peak)	133,200	http://www.mbta.com/riding_the_t/bikes/
Metra	Chicago	IL, WI	Yes (except peak)	303,800	http://metrarail.com/metra/en/home/utility_landing/riding_metra/bikes_on_trains.html
Metrolink	Los Angeles - Southern California	CA	Yes	43,700	http://www.metrolinktrains.com/news/promotions_detail/title/Bike_Guidelines
Metro-North Railroad	New York City, New Haven, Poughkeepsie	NY, CT	Yes (with permit, except folding bikes)	298,200	http://www.mta.info/mnr/html/getaways/bikerule.htm
Music City Star	Nashville	TN	Yes	1,100	http://www.musiccitystar.org/PDF/2012-MusicCityStarRide-Guide.pdf
New Jersey Transit Rail Operations	North Jersey; New York City; Philadelphia – Atlantic City	NY, NJ, PA	Yes (except peak)	276,459	http://www.njtransit.com/tm/tm_servlet.srv?hdnPageAction=-PressReleaseTo&PRESS_RELEASE_ID=2769
New Mexico Rail Runner Express	Albuquerque	NM	Yes	3,900	http://www.nmrailrunner.com/rider-tools/rider-info/bike-access
Northstar Commuter Rail	Minneapolis – St. Paul	NM	Yes	2,500	http://metrotransit.org/bike-n-ride-on-northstar.aspx
SEPTA Regional Rail	Philadelphia	PA, NJ, DE	Yes (exceptions)	123,900	http://www.septa.org/policy/bike.html
Shore Line East	New Haven–New London	CT	Yes (but not on the whole length)	2,200	http://www.shorelineeast.com/riding_sle/rules_policies.php
Sounder	Seattle–Tacoma	WA	Yes	10,900	http://www.soundtransit.org/Documents/pdf/riding/2010BicycleBrochure.pdf
South Shore Line	Chicago - South Bend	IL, IN	No	12,400	http://www.nictd.com/policies.html
Trinity Railway Express	Dallas–Fort Worth	TX	Yes	8,200	http://www.dart.org/riding/bike.asp#rail
Tri-Rail	Miami–South Florida	FL	Yes	13,800	http://www.tri-rail.com/rider-information/bicycle-policy/
Westside Express Service	Portland	OR	Yes	1,700	http://en.wikipedia.org/wiki/Westside_Express_Service