» Continue to expand the bike network, especially along arterials, through the use of different types of bicycle facilities. On roads where automobile speeds regularly exceed 35 mph, it is recommended to provide protected bicycle infrastructure such as protected bike lanes/cycle tracks, buffered bike lanes or parallel 10ft wide shared-use paths (in low-density areas).

» Adopt a bike parking ordinance for existing buildings that specifies standards for the amount and location of secure, convenient, APBP-compliant bike parking available.

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» Increase bike count and data collection efforts. Adopt a target level of bicycle use (percent of trips) to be achieved within a specific timeframe, and ensure data collection necessary to monitor progress.

Use mobile counters to conduct pre/post bicycle mode share evaluations of bicycle-related road projects.

» Encourage more local businesses to promote cycling to their employees and customers and to seek recognition through the Bicycle Friendly Business program. Encourage Northern Virginia Community College - Alexandria Campus to apply to the Bicycle Friendly University program to help them identify more ways to support bicycling among students and employees.

» Ban cell phone use while driving and increase protections for bicyclists in local policies and enforcement practices.

and have experts available to assist in encouragement programs.

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» Expand bicycle education opportunities for adults, including bicyclists and motorists. Host a League Cycling Instructor (LCI) seminar to increase the number of local LCIs in your community. Having several active instructors in the area will enable you to expand cycling education for youth and adults, recruit more knowledgeable cycling ambassadors, deliver Bicycle Friendly Driver education to motorists,