



RESTON, VA

TOTAL POPULATION
62,000

POPULATION DENSITY
3885

TOTAL AREA (sq. miles)
12.3

OF LOCAL BICYCLE FRIENDLY BUSINESSES **0**

OF LOCAL BICYCLE FRIENDLY UNIVERSITIES **0**

10 BUILDING BLOCKS OF A BICYCLE FRIENDLY COMMUNITY

	Average Silver	Reston
High Speed Roads with Bike Facilities	35%	2%
Total on- and off-road Bicycle Network Mileage to Total Road Network Mileage	48%	42%
Bicycle Education in Schools	GOOD	ACCEPTABLE
Share of Transportation Budget Spent on Bicycling	11%	6%
Bike Month and Bike to Work Events	GOOD	AVERAGE
Active Bicycle Advocacy Group	YES	YES
Active Bicycle Advisory Committee	MEETS EVERY TWO MONTHS	MEETS AT LEAST MONTHLY
Bicycle-Friendly Laws & Ordinances	GOOD	GOOD
Bike Plan is Current and is Being Implemented	YES	YES
Bike Program Staff to Population	1 PER 78K	1 PER 14K

CATEGORY SCORES

ENGINEERING <i>Bicycle network and connectivity</i>	3.8 /10
EDUCATION <i>Motorist awareness and bicycling skills</i>	2.5 /10
ENCOURAGEMENT <i>Mainstreaming bicycling culture</i>	3.0 /10
EVALUATION & PLANNING <i>Setting targets and having a plan</i>	5.7 /10

KEY OUTCOMES

	Average Silver	Reston
RIDERSHIP <i>Percentage of Commuters who bike</i>	2.7%	0.61%
SAFETY MEASURES CRASHES <i>Crashes per 10k bicycle commuters</i>	537	251
SAFETY MEASURES FATALITIES <i>Fatalities per 10k bicycle commuters</i>	6.3	0



KEY STEPS TO SILVER



» Continue to improve and expand the low-stress bike network for all ages and abilities, and ensure that your community follows a bicycle facility selection criteria that increases separation and protection of bicyclists based on levels of motor vehicle speed and volume. In addition to filling in the remaining gaps in your network, convert existing painted bike lanes into protected bike lanes with the addition of physical barriers to improve safety and comfort.

» Take advantage of Reston's high number of low-speed streets. Develop a network of bike boulevards/ neighborhood greenways to encourage and optimize

bicycle travel on low-stress corridors. Diverters, wayfinding, chicanes, and other treatments can be effective at reducing vehicle speeds and promoting the bicycle-oriented nature of a bike boulevard.

» Conduct a bike parking study or audit to determine current conditions of bike parking, both in terms of quality and quantity. Continue to increase the amount of high quality bicycle parking available throughout the community, and to upgrade the quality of existing bike parking to meet APBP standards. (See www.apbp.org/bicycle-parking-solutions)

KEY STEPS CONTINUED ON PAGE 2...



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Fall 2021

KEY STEPS TO **SILVER** CONTINUED

- » Improve bicycle safety education for students of all ages by incorporating more on-bicycle education opportunities and by expanding the program to all K-12 schools. Providing bicycles in schools for on-bike education ensures that all students can learn to safely ride a bicycle regardless of the availability of a bicycle in their household. Work with the school district, local bicycle groups, and interested parents to expand and improve the Safe Routes to School program.
- » Expand bicycle education opportunities for adults. Consider ways to target demographics who currently do not feel safe riding with classes or events that address their concerns and create an inclusive, welcoming environment.
- » Work with local League Cycling Instructors (LCIs) to offer Bicycle Friendly Driver training to motorists in Reston, particularly to professional drivers and fleet operators.
- » Encourage more local businesses, agencies, and organizations to promote cycling to their employees and customers and to seek recognition through the Bicycle Friendly Business program.
- » Adopt a target level of bicycle use (percent of trips) to be achieved within a specific timeframe, and ensure data collection necessary to monitor progress.
- » Ensure that your community tracks and utilizes traffic enforcement and citation data, including demographic data of all individuals stopped, to improve transparency and accountability. Traffic citation data can also be used to identify potential engineering, education, and policy solutions that could resolve frequently-occurring problems.

MORE RESOURCES FOR IMPROVING YOUR COMMUNITY:

- » League of American Bicyclists: <https://www.bikeleague.org>
- » Guide to the BFC Report Card: https://bikeleague.org/sites/default/files/Guide_to_the_Bicycle_Friendly_Community_Report_Card.pdf
- » Resources for Building a Bicycle Friendly Community: https://bikeleague.org/BFC_Resources
- » Building Blocks of a Bicycle Friendly Community: <https://bikeleague.org/content/building-blocks-bicycle-friendly-communities>
- » About the BFC Application Process: <https://bikeleague.org/content/about-bfc-application-process>
- » The Five E's: <https://bikeleague.org/5-es>
- » Tips for Current and Aspiring BFCs: <https://bikeleague.org/BFC-tips>
- » Smart Cycling Program: <https://bikeleague.org/ridesmart>
- » Advocacy Reports and Resources: <https://bikeleague.org/reports>
- » Bicycle Friendly Business Program: <https://bikeleague.org/business>
- » National Bike Month: <https://bikeleague.org/bikemonth>

