Out of the mouth of babes:
How a little black girl sparked a revolution
@OriginalNajeema @iSayWord @Dizzyluv25 So are we building a #BlackWomenBike group on FB? or what? lol.
24 May

in reply to @OriginalNajeema ↑

@Dizzyluv25
Veronica O. Davis

@OriginalNajeema @iSayWord We should!!! We need to get more sistas biking. I rarely see us on bikes
#BlackWomenBike

24 May via web  Favorite  Reply  Delete

Mentioned in this Tweet

OriginalNajeema Ameejan Sivad
Goddess Superstar Tastemaker Triathlete Social Architect | Soulclialite of Hell In a Handbag blog | Founder: #EscapeCubeCity

iSayWord Afropolitan
i whistled for a cab and when it came near, the license plate said
(Astrid Riecken / FOR THE WASHINGTON POST) - Anica Allen, right, and Arnetta Davis study a trail map before a ride with fellow members of Black Women Bike DC, a newly formed group that now has 60 members. The women met in Northeast D.C. recently for a Saturday morning ride; the nearby Metropolitan Branch Trail is a popular route.
Ladies, I biked to work for the first time today! So excited! So liberating! I took advantage of the gorgeous, mild weather and gave it a try. I shaved 20–25 mins off my usual Metro bus commute. Am definitely going to do this more often. Thanks, BWBDC, for helping me see how safe and possible it is to do.

Unlike · Comment · Unsubscribe · August 24 at 8:44am

Trying to work biking into my regular day. Today, rode to the gym, then to the grocery store and home – put in 10 miles just doing that.

Like · Comment · Unsubscribe · September 2 at 12:50pm
Lessons Learned

- Be bold
- Be visible
- Find allies and champions
- Consistent message
- Overcome barriers/excuses