So you want to become a League Cycling Instructor?

League Cycling Instructors (LCIs) are certified to teach the League's Smart Cycling curriculum to help people feel more secure riding a bike, to create a mindset that bikes should be treated as a vehicle, and to ensure bicyclists know how to ride safely and legally. Once certified as an LCI, you’re able to teach our curriculum and are covered by an insurance policy that indemnifies you while teaching a class. This infographic helps to explain the requirements and expectations. For more information visit bikeleague.org/ridesmart or email education@bikeleague.org.

**BECOME A MEMBER**
To become an LCI you must be a current League member. Valid memberships include Individual, Advocate, Silver Spoke, Life and Family. Join at bikeleague.org/join.

**PASS THE EXAM**
To become an LCI you must first pass an on-bike and written exam. These mandatory tests are administered by LCIs and are part of the Smart Cycling course. Find an instructor or class in your area by using the Connect Locally search box on the League website: bikeleague.org.

You must take TS101 at least one month before your LCI Seminar, so you’re able to master the drills and concepts before facilitating them for someone else.

**REGISTER FOR A SEMINAR**
The LCI Seminar is 24 hours — typically one evening and two full days. It focuses on teaching and demonstration techniques used with students both on the road and in the classroom. The Seminar does NOT emphasize the content or specific details of the cycling course curricula. Each candidate will have opportunities during the seminar to practice facilitating parts of the Smart Cycling curriculum, both in the classroom and in the parking lot. Generally, 1/3 of the time is on the bike, so students should be prepared to ride.

» Find a seminar at BIKELEAGUE.ORG/RIDESMART.
» Register for the Seminar in the MEMBER PORTAL.
» The COST for the seminar is $300.

**MAINTAIN YOUR LCI STATUS**
Attend the seminar and pass the test? Congratulations! Maintain your League membership and pay the annual LCI fee of $25 to retain your teaching status.

If your Coach recommends remediation rather than certification, find a local LCI to help you master your skills.

**WHAT TO BRING TO YOUR SEMINAR:**
» Bike » Helmet » Water » Lunch/Snacks

**PREPARE FOR THE SEMINAR**
After your registration, you will be sent an email from the League with study documents and an open-book assessment. Prior to the seminar, you’ll turn in your assessment answers to your Seminar Coach. S/he will give you additional assignments, both group and individual, before the Seminar. Set aside time; some are surprised by the workload!

**CHOOSE A SEMINAR THAT’S CONVENIENT FOR YOU.**
When choosing a Seminar, please factor in your schedule and location. Plan on attending a Seminar when you have plenty of availability and consistent access to the Internet. To complete the seminar, you will be required to: 1) attend all parts of the Seminar and 2) be in contact with your LCI Coach before the Seminar.

**BE MINDFUL OF REGISTRATION AND CANCELLATION GUIDELINES**
Registration closes 21 days before the start of a Seminar — or when registration reaches the capacity of 16 students. The League cannot guarantee registration; sign up is first-come, first-served. To cancel you must notify the League in advance to be eligible for a refund. A full refund will be provided for any Seminar that is canceled due to low enrollment.

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