

# February



[www.bikeleague.org](http://www.bikeleague.org)

The average person loses 13 lbs. their first year of commuting by bike.

I, \_\_\_\_\_,

pledge that I rode my bike to and from work a minimum of three days per week this month.

Attach any bike expense receipts incurred this month to this card when you turn it in to your human resources department.

