



Bicycling to the Federal Workplace

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Envisioning the Future Federal Workplace



- Grant program sponsored by GSA in 2008
- Four projects funded including Bicycling to the Future Federal Workplace

Bicycling to the Future Federal Workplace



- Reinstatement of the Interagency Task Force on Bicycling and Walking
- Review of Existing Bicycle Related Policies Impacting the Federal Workplace
- Conduct a Survey of Federal Employees on attitudes and barriers to increasing bicycling in the Federal workplace
- Development of New Policies, Guidelines and Programs to Increase the Level of Bicycling to Federal Workplaces

What's in it for the Federal Government?

- Lower health care costs
- Decreased absenteeism
- Increased productivity
- Reduces parking costs
- Improves Government's green image
- Competitive workplace
- Equity for employees

What's in it for the employee?

- Gives you more energy
- Helps you meet fitness goals 'automatically'
- Improves your health and happiness
- Conserves sick days
- Travel cost savings
- More travel options = more flexibility

Benefits to the DC region

- Large relative benefits
- Carbon & NOX reductions
- Economic benefits

Bicycle Related Policies

- Reviewed broad policies at OPM and GSA
- No policies that directly promote bicycling
- Homeland Security Issues
- Policies of individual agencies and work sites
- Access to facilities
- Bicycle Commuter Act

Survey Findings

- Non-scientific, voluntary survey conducted on-line
- OPM advertised the survey through wellness programs
- Over 9,500 responses (not all from DC area)
- Responses from both existing bike commuters and non-bike commuters

Survey Findings

Facilities

- 33% reported adequate bike parking
- 35% reported adequate showers
- 25% reported bike parking is not available & 29% reported no showers
- 69% reported that outdoor racks for visitors are not provided

Survey Findings

Infrastructure

- 23% reported Trail or bike lane within one mile
- 43% consider bicycle conditions poor between home and work
- 73% consider more bike lanes and paths as very important to improving conditions for cycling

Survey Findings

Programs and Incentives

- 87% have sponsored or promoted health fairs
- 34% sponsored or promoted bike to work day
- 95% report no awareness of programs or incentives to promote cycling

Survey Findings

How many, how often, how far

- 15% of respondents report commuting by bike
- 19 % of respondents ride at least 3 times a week during the summer, 54% at least once a month
- 22% reported living less tha five miles from their worksite

Survey Findings

Encouragement

- 40% reported more bike lanes and paths on their route
- 45% reported better access to adequate showers
- 56% reported a \$200 cash payment
- 12% reported they would ride if their boss started to ride

Recommendations

- Develop clear policies to encourage bicycling by employees
- Improve bike parking facilities at all worksites
- Provide shower and locker facilities for all employees and contractors
- Participate in regional efforts to improve bike facilities
- Consider participating in regional bike sharing program

Recommendations

Develop clear policies to encourage bicycling by employees

- Consider an Executive Order on Bicycling/Active Transportation
- Adopt standards and specifications for bike parking, showers and lockers
- Implement Bike Commuter Act
- Support bike clubs and health and wellness programs

Recommendations

Improve bike parking facilities at all worksites

- Provide employee and visitor bike parking at all new and leased government facilities per guidelines in the upcoming report
- Provide showers and lockers per the guidelines in the upcoming report
- Adopt a standard lease that includes the bike parking and shower guidelines.

Recommendations

Improve bike parking facilities at all worksites



Recommendations

Participate in regional efforts to improve bike facilities

- Send a representative to the MWCOG Bike and Pedestrian Subcommittee
- Invite local jurisdictions to participate in the ITFBAT

Recommendations

Consider participating in regional bike sharing program

- Build on existing bike sharing efforts
- Consider becoming a participating entity in the regional bike sharing program that is beginning to be developed.



Thank you!

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