

2009 League of American Bicyclists Mileage Log

		Sun	Mon	Tue	Wed	Thur	Fri	Sat	Weekly Miles	Cumulative Miles
January	2		3	4	5	6	7	8		
	9		10	11	12	13	14	15		
	16		17	18	19	20	21	22		
	23		24	25	26	27	28	29		
	30		31	1	2	3	4	5		
	6		7	8	9	10	11	12		
	13		14	15	16	17	18	19		
February	20		21	22	23	24	25	26		
	27		28	1	2	3	4	5		
	6		7	8	9	10	11	12		
	13		14	15	16	17	18	19		
	20		21	22	23	24	25	26		
	27		28	29	30	31				
	6		7	8	9	10	11	12		
March	13		14	15	16	17	18	19		
	20		21	22	23	24	25	26		
	27		28	29	30	31	1	2		
	3		4	5	6	7	8	9		
	10		11	12	13	14	15	16		
	17		18	19	20	21	22	23		
	24		25	26	27	28	29	30		
April	1		2	3	4	5	6	7		
	8		9	10	11	12	13	14		
	15		16	17	18	19	20	21		
	22		23	24	25	26	27	28		
	29		30	31	1	2	3	4		
	5		6	7	8	9	10	11		
	12		13	14	15	16	17	18		
May	19		20	21	22	23	24	25		
	26		27	28	29	30				
	6		7	8	9	10	11	12		
	13		14	15	16	17	18	19		
	20		21	22	23	24	25	26		
	27		28	29	30	31				
	3		4	5	6	7	8	9		
June	10		11	12	13	14	15	16		
	17		18	19	20	21	22	23		
	24		25	26	27	28	29	30		
	1		2	3	4	5	6	7		
	8		9	10	11	12	13	14		
	15		16	17	18	19	20	21		
	22		23	24	25	26	27	28		
July	29		30	31	1	2	3	4		
	5		6	7	8	9	10	11		
	12		13	14	15	16	17	18		
	19		20	21	22	23	24	25		
	26		27	28	29	30	31			
	2		3	4	5	6	7	8		
	9		10	11	12	13	14	15		
August	16		17	18	19	20	21	22		
	23		24	25	26	27	28	29		
	30		31	1	2	3	4	5		
	6		7	8	9	10	11	12		
	13		14	15	16	17	18	19		
	20		21	22	23	24	25	26		
	27		28	29	30	31				
September	4		5	6	7	8	9	10		
	11		12	13	14	15	16	17		
	18		19	20	21	22	23	24		
	25		26	27	28	29	30	1		
	2		3	4	5	6	7	8		
	9		10	11	12	13	14	15		
	16		17	18	19	20	21	22		
October	23		24	25	26	27	28	29		
	30		31	1	2	3	4	5		
	6		7	8	9	10	11	12		
	13		14	15	16	17	18	19		
	20		21	22	23	24	25	26		
	27		28	29	30	31				
	3		4	5	6	7	8	9		
November	10		11	12	13	14	15	16		
	17		18	19	20	21	22	23		
	24		25	26	27	28	29	30		
	1		2	3	4	5	6	7		
	8		9	10	11	12	13	14		
	15		16	17	18	19	20	21		
	22		23	24	25	26	27	28		
December	29		30	31	1	2	3	4		
	5		6	7	8	9	10	11		
	12		13	14	15	16	17	18		
	19		20	21	22	23	24	25		
	26		27	28	29	30	31			
	2		3	4	5	6	7	8		
	9		10	11	12	13	14	15		
2009 Total										

Six-Month Total